

04/26/2018

**Bagel, Honey Wheat, 85g (3oz/18oz pkg)**

<b>Nutrition Facts</b>	
6 servings per container	
<b>Serving size</b>	<b>1 bagel (85g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 4g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 9g	
Vitamin D 0mcg	<b>0%</b>
Calcium 49mg	<b>4%</b>
Iron 2mg	<b>10%</b>
Potassium 10mg	<b>0%</b>
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, HONEY, SALT, [CALCIUM PROPIONATE, SORBIC ACID (TO RETARD SPOILAGE)], VEGETABLE MONOGLYCERIDES, GUAR GUM, ASCORBIC ACID, ENZYMES.

Contains Wheat.

UPC CODES