

# 7002



# Restaurant Wheat Bread

NET WT 24 OZ (1 LB 8 OZ) 680g



Nutrition Facts	
Serving Size 1 Slice (26g)	
Servings Per Container 26	
Amount Per Serving	
Calories 60	Calories from Fat 5
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
Thiamin 6%	Riboflavin 2%
Niacin 4%	Folic Acid 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT GLUTEN, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, SALT, MOLASSES, DOUGH CONDITIONERS (ETHOXYLATED MONO AND DIGLYCERIDES, MONO AND DIGLYCERIDES, ASCORBIC ACID, CALCIUM PEROXIDE, ENZYMES), SUGAR, CALCIUM PROPIONATE (A PRESERVATIVE), YEAST NUTRIENTS (AMMONIUM CHLORIDE, AMMONIUM SULFATE, CALCIUM SULFATE), SOY LECITHIN.  
**CONTAINS: WHEAT, SOY.**

GOLD MEDAL BAKERY, INC.  
FALL RIVER, MA 02724  
www.goldmedalbakery.com  
CONN. LIC. 3643

